

**ADVANCED SPORTS MEDICINE
College Credit and Careers Network
Dual Credit Articulation Agreement**

Upon completion of high school courses equivalent to the following competencies:

- Describe the interdisciplinary nature of Exercise Science
 - Discuss the contributions of each sub discipline to the context of Exercise Science
 - Explain the philosophical foundations and the historical evolution of exercise physiology and biomechanics
 - Identify the major physiological adaptations that occur following regular exercise
 - Describe methods of biomechanical and physiological assessment
 - Appraise the discipline of Exercise Science relative to employment opportunities
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A student earning a “B” or better may earn college credit at the following college:

<u>College</u>	<u>Course</u>	<u>Credits</u>
Lake Washington Technical College	FTNS 112	5