



MONROE HIGH SCHOOL PROGRAM OF STUDY SPORTS MEDICINE

Education Planning Guide for High School and Beyond

This Education Planning Guide is designed to assist Monroe SD students in developing a program of study well suited for preparation and pursuit of careers within the Human Services Field. The Sports Medicine program of study as outlined below allows students to earn college credit while completing coursework within high school, and apply those credits toward attainment of a college certificate and/or degree. As with all high school planning, it is important to share and review your plan with a parent/guardian and school counselor and adapt it if needed to your individual career goals.

Monroe SD Component of Program of Study	GRADE	English	Social Studies	Science	Math	Other Required courses and Other Recommended Electives	Career and Technical Education Courses and Leadership Activities	Monroe School District Graduation	Occupations Related to this Pathway
								Credit Requirements For classes of 2009-2011	
9	9	Language Arts Block 2 semesters	WA/History/ Pac Rim 2 semesters	Physical Science 2 semesters	Algebra 1 2 semesters	Physical Education 1 semester Foreign Language 2 semesters	Career Choices	Credit Requirements For classes of 2009-2011 (22.5 credits total): 3.5 credits - English 3.0 credits - Social St. 2.0 credits - Math 2.0 credits - Science 1.5 credits - Phys. Ed. 1.5 credits- CTE/Occ. 1.0 credits - Fine Arts 7.5 credits- Electives 0.5 credit- Health Additional Requirements: Complete Culminating Challenge Project.	>Certified Athletic Trainer >Personal Fitness Trainer >Occupational Therapist >Physical Therapist or Asst. >Sports Medicine >Nutritionist/Dietician >Physician >Nurse >Recreational Therapist >Strength and Conditioning Specialist
	10	Expos/Lit 2 semesters	Civilizations 1 semester	Biology 2 semesters	Geometry 2 semesters	Physical Education 1 semester Foreign Language 2 semesters	Sports Medicine I/ Lab* 2 semesters WVSMA Sports Med Club		
	11	Jr. English American Lit/ Comp. 2 semesters	US History 2 semesters	Chemistry* 2 semesters	Algebra 2 2 semesters Or Equiv .Math	Physical Education 1 semester Fine Arts or Equiv. 1 semester	Sports Medicine II/ Lab* 2 semesters WVSMA Sports Med Club		
	12	Sr. English 1 semester	Government 1 semester	Marine Biology 1 semester Zoology-1 semester Bioethics-1 semester	Pre-Calculus** 2 semesters	Fine Arts- or Equiv 1 semester Business Law 1 semester Marketing 1*-2 semesters	Sports Medicine III 2 Semesters WVSMA Sports Med Club		

P- Students will satisfy .5 Health Credit with completion of f Sports Medicine I and II. Students can complete their Culminating Challenge Project in their career interest in Sports Medicine. *

Post - High School Options for Program of Study		Tech Prep/Running Start/ Sno-Isle Skills Center Options	Complete a Technical Certificate or Apprenticeship and enter the workforce	Earn a 2 year Associates Degree and enter the workforce	Complete 4 year college or Graduate Degree and enter the workforce
	Program Options Program Options and Requirements <i>P=Proposed .5 health credit option</i>	Bellevue Community College Lake Washington Technical College Sno-Isle Skills Center *Tech Prep Option: Students can earn college credits during high school toward Health care certificates by earning a B or above in: <ul style="list-style-type: none"> • MHS Sports Medicine 1 • MHS Sports Medicine 2 Running Start Options: For qualifying students college courses are available through Running Start while in High School; please see your counselor for details. Sno-Isle Skills Center: Medical Assistant Nursing Assistant	www.lwtc.edu/ Emergency Medical Technician-Basic Fitness Specialist/Personal Trainer Massage Therapy Medical Assisting Nursing/Nursing Assistant Physical Therapist Assistant	Bellevue Community College Everett Community College Emergency Medical Technician Medical Assisting Nursing/Nursing Assistant Certified Nutrition Physical Therapist Assistant Radiology Tech www.bellevuecollege.edu www.everettcc.edu NOTE: Students seeking entrance into a 4-year college/university program upon graduation will need to take additional coursework beyond the minimum graduation requirements. For information on these additional courses, see your school counselor.	Eastern Washington University University of Washington Washington State University Many health care professions require a four year Bachelors degree or graduation studies. The State of Washington has one of the top medical schools in the nation at the University of Washington. Allied Health Care Degrees are offered at Washington Universities: www.washington.edu www.wsu.edu www.ewu.edu NOTE: Students seeking entrance into a 4-year college/university program upon graduation will need to take additional coursework beyond the minimum graduation requirements. For information on these additional courses, see your school counselor.

NOTE: The Post-High School program options listed above for this Program of Study represent just some examples of options available within the Puget Sound area, including programs where articulated agreements for dual credit exist between the college and school district. For other options available related to this program of study, visit your career center or explore using the Career Cruising System.