



Support Services - Health PROGRAM OF STUDY

Shelton
High
School



Education Planning Guide for Shelton High School and Beyond

This Education Planning Guide is designed to assist students toward developing a program of study well suited for preparation and pursuit of careers within the health support services industry. The program of study as outlined below allows students to earn college credit while completing coursework within high school, and apply those credits toward attainment of a college certificate and/or degree. As with all high school planning, it is important to share and review your plan with a parent/guardian and school counselor.

| Shelton SD Component of Program of Study | Gr | English | Social Studies | Science | Math | Health /Fitness | Fine Arts | Recommended Career and Technical | Other Elective | Shelton School District Graduation Requirements | |
|--|----|-------------------------|-------------------------------------|--|---|--|---|---|--|---|--|
| | 9 | English 9 1 credit | Soc. Studies 9 .5 credit (PNW) | Science 1 credit | 2 credits math at grade level or CTE Math Equivalent through Algebra II | 2.0 Credits from Health/ Fitness Courses | 1.0 Credits from Arts Courses | CTE Sequence Child/Human Developmnt 1 & 2 - 1 credit | American Sign Lang. .5 to 2 credits | | Credit Requirements (22 credits total): 3.5 credits - English 3.0 credits - Social Studies 2.0 credits - Math 2.0 credits - Science 0.5 credits - Health 1.5 credits - Physical Education 1.0 credits - Fine Art 1.0 credits - Occupational 7.5 credits - Electives Additional Requirements: • High school and Beyond Plan • WASL Requirements • Culminating Project • C.S.I – Clmber Success Initiative |
| | 10 | English 10 1 credit | Soc. Studies 10 1 credit (World) | Lab Science 1 credit | | | | AND / OR New Market Skills Cnt. | Foods & Fitness .5 cr | | |
| | 11 | English 11 1 credit | Soc. Studies 11 1 credit (US) | Suggested Human Anatomy / Physiology | Occupational Requirements | | Professional Med. Career Emergency Services: Firefighter Pre-Vet Technician Early Childhood Education CSI: Clinical & Scientific Investigation | Sports Medicine .5 Credit | | | |
| | 12 | English 12 .5 credit | Soc. Studies 12 .5 (Cage) | Suggested Biology | Computer Apps .5 credits | Other-Occupational .5 credits | Plus Membership in FCCLA | Work Based Learning | | | |

| Post - High School Options for Program of Study | Program Options | College While in High School | Complete a Technical Certificate | Earn a Technical or Associates Degree and then enter the workforce | Earn a Bachelors Degree or higher, and then enter the workforce |
|---|---|--|---|---|--|
| | Program Requirements & Information Check with your counselor for additional college requirements Additional Testing - PSAT - SAT - ACT - Accuplacer | Olympic College – Shelton South Puget Sound Community College Tech Prep Option: Students can earn college credits toward their certificates by earning a B or above in SHS's Computer Apps Running Start Options: For qualifying students college courses are available through Running Start while in High School; please see your counselor for details. University Transfer Options: Students should include: 2 years (credits) world language, 1 additional credit Math, 1 additional credit Science (Chemistry or Physics) and .5 credit English | Dental Assisting • South Puget Sound Community College Emergency Care Attendant • Bates Technical College • Tacoma Community College Health System/Health Services Administration • Clover Park Technical College Licensed Practical Nurse • South Puget Sound Community College and most other technical and community colleges Medical/Clinical Assisting • South Puget Sound Community College Pharmacy Technician/Assistant • Clover Park Technical College • Grays Harbor College • Tacoma Community College | Dental Assisting • South Puget Sound CC Dental Hygienist • Pierce College at Fort Steilacoom EMT (PARAMEDIC) • Tacoma Community College Licensed Practical Nurse • At most technical and community colleges Medical/Clinical Assisting • South Puget Sound CC Nursing – Associate Degree • South Puget Sound CC Occupational Therapy Assistant • Green River Community College Physical Therapy Assistants • Green River Community College Pharmacy Technician Assistant • Renton Technical College • Tacoma Community College Veterinary Assistant • Pierce College at Fort Steilacoom | Dental Hygienist • University of Washington Emergency Medical Technician • Central Washington University Health System/Health Services Administration • University of Washington • Washington State University Medical Technology • Seattle University • University of Washington Nursing • Most 4yr colleges offer bachelors and master's degree. Occupational Therapy • Eastern Washington University • University of Puget Sound • University of Washington Physical Therapy • Eastern Washington University • University of Puget Sound • University of Washington |

NOTE: The Post-High School program options listed above for this Program of Study represent just some examples of options available within the Puget Sound area, including programs where articulated agreements for dual credit exist between the college and school district. For other options available related to this program of study, visit your career center or explore using the careercrusing.com Username: Shelton, Password: career



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Occupations Relating to Support Service

The following is a sample of job titles relating to health support services.

Some Preparation

- Nursing Aides, Orderlies, and Attendants InDemand
- Dental Assistants InDemand
- Home Health Aides InDemand
- Veterinary Assistants and Laboratory Animal Caretakers
- Emergency Medical Technicians and Paramedics
- Medical Equipment Preparers InDemand
- Physical Therapist Aides
- Pharmacy Aides
- Psychiatric Aides
- Occupational Therapist Aides

Medium Preparation

- Central Services Manager
- Nursing LPN InDemand
- Dietary Aide
- Environmental Health and Safety Technician
- Hospital Maintenance Engineer
- Material Agent
- Transport Technician

Considerable Preparation

- Epidemiologist
- Industrial Hygienist
- Nursing – RN InDemand
- Medical Materials Manager
- Medical and Clinical Laboratory Technologists

InDemand

Extensive Preparation

- Biomedical/Clinical Engineer
- Medical and Health Services Managers
- Environmental Services Manager
- Facilities Manager

Technical Pathways

Into Support Service Careers

The following is some additional information about a career in health support service..

Nursing support services and nursing are the most in demand jobs in our state. A shortage in nursing and health care support creates many opportunities for those seeking a challenging and rewarding specialty field. Between now and 2016 the labor market has an expected growth of 21%. The demand is so great that some employers are offering signing bonus and tuition reimbursement.

Top 10 Work Activities for Health Support Services

1. Documenting/Recording Information
2. Assisting and Caring for Others
3. Making Decisions and Solving Problems
4. Updating and Using Relevant Knowledge
5. Getting Information
6. Organizing, Planning, and Prioritizing Work
7. Communicating with Supervisors, Peers, or Subordinates
8. Monitor Processes, Materials, or Surroundings
9. Evaluating Information to Determine Compliant
10. Identifying Objects, Actions, and Events

Health care offers a variety of **different** opportunities for **different** types of people with **different** interests, skills and educational levels.

- ~You can make a difference each day in the lives of many different people;
- ~Every member of the team is important;
- ~Your skills will always be in demand;
- ~In addition to competitive pay, benefits, flexibility, and job security, you're likely to have options of where and when to work;

My High School And Beyond Plan

Please use this area to write down your pathway to independence.

Name: _____

Graduation Year: _____

High School Goals:

13 Year Goals:

14 Year Goals:

15 Year & Beyond Goals:
